## Palmer Lunch (Traditional Lunch), February - 2023

		1	2	3
		Wednesday	Thursday	Friday
		ENTREE	ENTREE	ENTREE
		Alfredo Pasta	Black Bean Burger	Broccoli & Cheese Baby
		Chicken Alfredo	Cheeseburger	Baked Potatoes
		Peanut Butter & Jelly Sandwich	Yogurt Basket with Fresh Baked Blueberry Muffin	Grilled Cheese Sandwich Meatloaf
		WOW Butter & Jelly		
		Sandwich (Peanut-Free)	VEGETABLE Polsod Poons	GRAIN
		GRAIN	Baked Beans Cherry Tomatoes	Fresh Baked Garlic Bread
		Fresh Baked Garlic Bread	Cherry romatoes	VEGETABLE
		Y/E/CIE/EA DY E	FRUIT	Baby Carrots
		VEGETABLE	Blueberries	Mashed Potatoes
		Italian Green Beans	Red Apple	FRUIT
		FRUIT	Sliced Peaches	Applesauce
		Diced Pears	Tangerine (2 each)	Red Apple
		Fresh Pear		Strawberries
		Pineapple Chunks		Whole Orange
		Red Apple		-
6	7	8	9	10
Monday	Tuesday	Wednesday	Thursday	Friday
		TT OURSESSEE	Zausus	Tituay
ENTREE	ENTREE	ENTREE	ENTREE	ENTREE
Beef Nachos	Country Chicken Bowl (Pk-	Homemade Cheese Pizza	All Beef Hot Dog	Charro Beans
Cheese Nachos	Gr8)	Homemade Pepperoni Pizza	Garden Chili	Chicken Caliente
Peanut Butter & Jelly	Grilled Cheese Sandwich	Peanut Butter & Jelly	Yogurt Basket with Fresh Baked	Grilled Cheese Sandwich
Sandwich	Yogurt Basket with Cinnamon Pita Crisps	Sandwich	Blueberry Muffin	GRAIN
WOW Butter & Jelly Sandwich (Peanut-Free)	Cilinamon Fita Crisps	WOW Butter & Jelly Sandwich (Peanut-Free)	GRAIN	Spanish Rice (Gr PK-8)
Sandwich (1 candi-11cc)	GRAIN	Sandwich (1 candi-11ee)	Fresh Baked Cornbread	Spainsh Rice (GITR-8)
VEGETABLE	Fresh Baked Dinner Roll	VEGETABLE	MECETADI E	VEGETABLE
Homemade Refried Beans	VEGETABLE	Cherry Tomatoes	VEGETABLE Curly Fries	Broccoli
Spicy Cucumber Coins	Baby Carrots	FRUIT	Curry Fries	FRUIT
FRUIT		Diced Pears	FRUIT	Applesauce
Blueberries	FRUIT	Pineapple Chunks	Blueberries	Fresh Pear
Red Apple	Applesauce	Red Apple	Fresh Pear	Orange Wedges
Sliced Peaches	Fresh Pear	Tangerine (2 each)	Red Apple	Strawberries
Whole Orange	Orange Wedges Strawberries		Sliced Peaches	
12	14	15	16	17
13 Mondoy	14 Tuesday	15 Wednesday	16 Thursday	17 Friday
Monday	Tuesday	vvcuncsuay	Inuisuay	rituay
ENTREE	ENTREE	ENTREE	ENTREE	ENTREE
Mac & Cheese	Cheese Quesadilla	Peanut Butter & Jelly	Black Bean Burger	Broccoli & Cheese Baby
Peanut Butter & Jelly	Chicken Quesadilla	Sandwich	Crispy Chicken Sandwich	Baked Potatoes
Sandwich	Yogurt Basket with	Penne with Marinara Sauce	Yogurt Basket with Fresh Baked	Grilled Cheese Sandwich
WOW Butter & Jelly	Cinnamon Pita Crisps	Penne with Meat Sauce	Blueberry Muffin	Pulled BBQ Pork Sandwich
Sandwich (Peanut-Free)	VEGETABLE	WOW Butter & Jelly	VEGETABLE	VEGETABLE
VEGETABLE	Cherry Tomatoes	Sandwich (Peanut-Free)	Sweet Potato Tots	Steamed Green Beans
Chilled Peas	Homemade Refried Beans	VEGETABLE	EDITT	FDIHT
FRUIT	FRUIT	Garden Greens Salad	FRUIT Blueberries	FRUIT Applesauce
Blueberries	Applesauce	FRUIT	Fresh Pear	Fresh Pear
Orange Wedges	Fresh Pear	Diced Pears	Red Apple	Orange Wedges
Red Apple	Orange Wedges	Pineapple Chunks	Sliced Peaches	Strawberries
Sliced Peaches	Strawberries	Red Apple		1
•	•	•	•	•

		Tangerine (2 each)		
20 Monday	21 Tuesday	22 Wednesday	23 Thursday	24 Friday
	ENTREE Cheesy Bread Stick w/ Marinara (Gr K-8) Yogurt Basket with Cinnamon Pita Crisps VEGETABLE Cucumber Tomato Salad FRUIT Applesauce Fresh Pear Orange Wedges Strawberries	ENTREE Meat Lasagna Peanut Butter & Jelly Sandwich Spinach Lasagna WOW Butter & Jelly Sandwich (Peanut-Free) GRAIN Fresh Baked Garlic Bread VEGETABLE Garden Greens Salad FRUIT Diced Pears Pineapple Chunks Red Apple Tangerine (2 each)	ENTREE Baked Cheese Pocket Baked Ham & Cheese Pocket Yogurt Basket with Fresh Baked Blueberry Muffin  VEGETABLE Confetti Chickpea Salad Sweet Potato Tots  FRUIT Blueberries Fresh Pear Red Apple Sliced Peaches	ENTREE Grilled Cheese Sandwich Teriyaki Chicken Vegetarian Egg Stir-Fried Rice GRAIN Stir-Fried Rice (Gr PK-8) VEGETABLE Chilled Peas FRUIT Applesauce Fresh Pear Orange Wedges Strawberries
27 Monday	28 Tuesday			

This institution is an equal opportunity provider.