

Palmer
Lunch (Traditional Lunch), October - 2022

3 Monday	4 Tuesday	5 Wednesday	6 Thursday	7 Friday
<p>ENTREE Mac & Cheese Peanut Butter & Jelly Sandwich WOW Butter & Jelly Sandwich (Peanut-Free)</p> <p>VEGETABLE Chilled Peas</p> <p>FRUIT Blueberries-Frozen Green Grapes Peaches-Canned Pear</p>	<p>ENTREE Cheese Quesadilla Chicken Quesadilla Yogurt Basket w/ Blueberry Muffin</p> <p>VEGETABLE Cherry Tomatoes Refried Beans-Homemade</p> <p>FRUIT Applesauce, Canned Cantaloupe Kiwi Strawberries-Frozen</p>	<p>ENTREE Peanut Butter & Jelly Sandwich Penne Marinara Penne with Meat Sauce WOW Butter & Jelly Sandwich (Peanut-Free)</p> <p>VEGETABLE Garden Greens Salad</p> <p>FRUIT Honeydew Pears-Canned-Diced Pineapple-Frozen Red Grapes</p>	<p>ENTREE Black Bean Burger Crispy Chicken Sandwich Yogurt Basket with Cinnamon Pita Crisps</p> <p>VEGETABLE Sweet Potato Tots</p> <p>FRUIT Blueberries-Frozen Grapefruit Wedges Peaches-Canned Pear</p>	<p>ENTREE Broccoli & Cheese Baby Baked Potatoes Peanut Butter & Jelly Sandwich Pulled BBQ Pork Sandwich WOW Butter & Jelly Sandwich (Peanut-Free)</p> <p>GRAINS Dinner Roll</p> <p>VEGETABLE Green Beans</p> <p>FRUIT Applesauce, Canned Cantaloupe Kiwi Strawberries-Frozen</p>
<p>10 Monday</p>	<p>11 Tuesday</p>	<p>12 Wednesday</p>	<p>13 Thursday</p>	<p>14 Friday</p>
<p>ENTREE Beef Nachos Cheese Nachos Yogurt Basket w/ Blueberry Muffin</p> <p>VEGETABLE Refried Beans-Homemade Spicy Cucumber Coins</p> <p>FRUIT Blueberries-Frozen Green Grapes Peaches-Canned Pear</p>	<p>ENTREE Country Chicken Bowl Grilled Cheese Sandwich Peanut Butter & Jelly Sandwich WOW Butter & Jelly Sandwich (Peanut-Free)</p> <p>GRAINS Dinner Roll</p> <p>VEGETABLE Sweet Pepper Strips</p> <p>FRUIT Applesauce, Canned Cantaloupe Kiwi Strawberries-Frozen</p>	<p>ENTREE Homemade Cheese Pizza Homemade Pepperoni Pizza Peanut Butter & Jelly Sandwich WOW Butter & Jelly Sandwich (Peanut-Free)</p> <p>VEGETABLE Cherry Tomatoes</p> <p>FRUIT Honeydew Pears-Canned-Diced Pineapple-Frozen Red Grapes</p>	<p>ENTREE Italian Sub Sandwich Italian Veggie Sub Sandwich Yogurt Basket with Cinnamon Pita Crisps</p> <p>VEGETABLE Curly Fries</p> <p>FRUIT Blueberries-Frozen Grapefruit Wedges Peaches-Canned Pear</p>	<p>ENTREE Charro Beans Chicken Caliente Peanut Butter & Jelly Sandwich WOW Butter & Jelly Sandwich (Peanut-Free)</p> <p>VEGETABLE Steamed Broccoli</p> <p>FRUIT Applesauce, Canned Cantaloupe Kiwi Strawberries-Frozen</p>
<p>17 Monday</p>	<p>18 Tuesday</p>	<p>19 Wednesday</p>	<p>20 Thursday</p>	<p>21 Friday</p>
<p>ENTREE Bean & Cheese Burrito Beef & Cheese Burrito Peanut Butter & Jelly Sandwich WOW Butter & Jelly Sandwich (Peanut-Free)</p> <p>VEGETABLE Baby Carrots Street Corn</p> <p>FRUIT Blueberries-Frozen Green Grapes</p>	<p>ENTREE Cheesy Bread Stick w/ Marinara K&S Yogurt Basket w/ Blueberry Muffin</p> <p>VEGETABLE Cucumber Tomato Salad</p> <p>FRUIT Applesauce, Canned Cantaloupe Kiwi Strawberries-Frozen</p>	<p>ENTREE Meat Lasagna Peanut Butter & Jelly Sandwich Spinach Lasagna WOW Butter & Jelly Sandwich (Peanut-Free)</p> <p>VEGETABLE Garden Greens Salad</p> <p>FRUIT Honeydew Pears-Canned-Diced Pineapple-Frozen</p>	<p>ENTREE All Beef Hot Dog Garden Chili Yogurt Basket with Cinnamon Pita Crisps</p> <p>VEGETABLE Southwest Beans</p> <p>FRUIT Blueberries-Frozen Grapefruit Wedges Peaches-Canned Pear</p>	<p>ENTREE Chicken à la King Peanut Butter & Jelly Sandwich Vegetarian Chef Salad WOW Butter & Jelly Sandwich (Peanut-Free)</p> <p>GRAINS Dinner Roll</p> <p>VEGETABLE Mashed Potatoes</p> <p>FRUIT</p>

Peaches-Canned Pear		Red Grapes		Applesauce, Canned Cantaloupe Kiwi Strawberries-Frozen
24 Monday	25 Tuesday	26 Wednesday	27 Thursday	28 Friday
<p>ENTREE Beef Taco (1) (Gr PK-3) Beef Tacos (2) (Gr 4-12) Peanut Butter & Jelly Sandwich Veggie Tacos WOW Butter & Jelly Sandwich (Peanut-Free)</p> <p>VEGETABLE Spicy Corn Salad</p> <p>FRUIT Blueberries-Frozen Green Grapes Peaches-Canned Pear</p>	<p>ENTREE Chicken Nuggets Roasted Red Pepper Hummus Bowl With Spiced Pita Crisps Yogurt Basket w/ Blueberry Muffin</p> <p>GRAINS Dinner Roll</p> <p>VEGETABLE Steamed Broccoli</p> <p>FRUIT Applesauce, Canned Cantaloupe Kiwi Strawberries-Frozen</p>	<p>ENTREE Alfredo Pasta Chicken Alfredo Peanut Butter & Jelly Sandwich WOW Butter & Jelly Sandwich (Peanut-Free)</p> <p>VEGETABLE Italian Green Beans</p> <p>FRUIT Honeydew Pears-Canned-Diced Pineapple-Frozen Red Grapes</p>	<p>ENTREE Black Bean Burger Cheeseburger Peanut Butter & Jelly Sandwich WOW Butter & Jelly Sandwich (Peanut-Free) Yogurt Basket with Cinnamon Pita Crisps</p> <p>VEGETABLE Southwest Beans</p> <p>FRUIT Blueberries-Frozen Grapefruit Wedges Peaches-Canned Pear</p>	<p>ENTREE Broccoli & Cheese Baby Baked Potatoes Meatloaf Peanut Butter & Jelly Sandwich WOW Butter & Jelly Sandwich (Peanut-Free)</p> <p>VEGETABLE Baby Carrots Mashed Potatoes</p> <p>FRUIT Applesauce, Canned Cantaloupe Kiwi Strawberries-Frozen</p>
31 Monday				

This institution is an equal opportunity provider.