

Palmer
Lunch (Traditional Lunch), September - 2022

			1 Thursday	2 Friday
			ENTREE Penne Marinara Penne with Meat Sauce Yogurt Basket with Cinnamon Pita Crisps VEGETABLE Garden Greens Salad FRUIT Blueberries-Frozen Grapefruit-Whole Peaches-Canned Watermelon	ENTREE Chicken Caliente Grilled Cheese Sandwich Peanut Butter & Jelly Sandwich WOW Butter & Jelly Sandwich (Peanut-Free) VEGETABLE Street Corn FRUIT Applesauce, Canned Cantaloupe Plum Strawberries-Frozen
5 Monday	6 Tuesday	7 Wednesday	8 Thursday	9 Friday
	ENTREE Beef Nachos Cheese Nachos Yogurt Basket w/ Blueberry Muffin VEGETABLE Calabacitas Con Elote Cherry Tomatoes FRUIT Applesauce, Canned Cantaloupe Plum Strawberries-Frozen	ENTREE Italian Sub Sandwich Italian Veggie Sub Sandwich Peanut Butter & Jelly Sandwich WOW Butter & Jelly Sandwich (Peanut-Free) VEGETABLE Baby Carrots FRUIT Honeydew Pears-Canned-Diced Red Grapes Strawberries-Frozen	ENTREE Black Bean Burger Meatloaf Yogurt Basket with Cinnamon Pita Crisps VEGETABLE Italian Green Beans Mashed Potatoes FRUIT Blueberries-Frozen Grapefruit Wedges Peaches Watermelon	ENTREE Homemade Cheese Pizza Homemade Pepperoni Pizza Peanut Butter & Jelly Sandwich WOW Butter & Jelly Sandwich (Peanut-Free) VEGETABLE Garden Greens w/ Ranch FRUIT Applesauce, Canned Cantaloupe Plum Strawberries-Frozen
12 Monday	13 Tuesday	14 Wednesday	15 Thursday	16 Friday
ENTREE All Beef Hot Dog Homemade Falafel with Flat Bread Peanut Butter & Jelly Sandwich WOW Butter & Jelly Sandwich (Peanut-Free) VEGETABLE Celery Sticks Sweet Potato Tots FRUIT Blueberries-Frozen Green Grapes Peaches-Canned Watermelon	ENTREE Bean & Cheese Burrito Beef & Cheese Burrito Yogurt Basket w/ Blueberry Muffin VEGETABLE Street Corn FRUIT Applesauce, Canned Cantaloupe Plum Strawberries-Frozen	ENTREE Broccoli & Cheese Baby Baked Potatoes Hot Ham Cheese on a Bun Sandwich Peanut Butter & Jelly Sandwich WOW Butter & Jelly Sandwich (Peanut-Free) VEGETABLE Steamed Broccoli FRUIT Honeydew Pears-Canned-Diced Red Grapes Strawberries-Frozen	ENTREE Cheesy Bread Stick w/ Marinara K8 Yogurt Basket with Cinnamon Pita Crisps VEGETABLE Baby Carrots Green Beans FRUIT Blueberries-Frozen Grapefruit Wedges Peaches-Canned Watermelon	ENTREE Charro Beans Chicken Caliente Peanut Butter & Jelly Sandwich WOW Butter & Jelly Sandwich (Peanut-Free) VEGETABLE Cauliflower Refried Beans-Homemade FRUIT Applesauce, Canned Cantaloupe Plum Strawberries-Frozen
19 Monday	20 Tuesday	21 Wednesday	22 Thursday	23 Friday

<p>ENTREE Chicken à la King Peanut Butter & Jelly Sandwich Vegetarian Chef Salad WOW Butter & Jelly Sandwich (Peanut-Free)</p> <p>VEGETABLE Cherry Tomatoes Mashed Potatoes</p> <p>FRUIT Blueberries-Frozen Green Grapes Peaches-Canned Whole Peach</p>	<p>ENTREE Meat Lasagna Spinach Lasagna Yogurt Basket w/ Blueberry Muffin</p> <p>VEGETABLE Italian Green Beans</p> <p>FRUIT Applesauce, Canned Cantaloupe Plum Strawberries-Frozen</p>	<p>ENTREE Crispy Chicken Sandwich Garden Chili Peanut Butter & Jelly Sandwich WOW Butter & Jelly Sandwich (Peanut-Free)</p> <p>VEGETABLE Baby Carrots Southwest Beans</p> <p>FRUIT Honeydew Peaches-Canned Red Grapes Strawberries-Frozen</p>	<p>ENTREE Teriyaki Chicken Vegetarian Asian Rice Yogurt Basket with Cinnamon Pita Crisps</p> <p>VEGETABLE Roasted Broccoli with Garlic</p> <p>FRUIT Blueberries-Frozen Grapefruit Wedges Peaches-Canned Pear</p>	<p>ENTREE Homemade Falafel with Flat Bread Mediterranean Chicken Sandwich on Flatbread Peanut Butter & Jelly Sandwich WOW Butter & Jelly Sandwich (Peanut-Free)</p> <p>VEGETABLE Cucumber Tomato Salad</p> <p>FRUIT Applesauce, Canned Cantaloupe Plum Strawberries-Frozen</p>
<p>26 Monday</p>	<p>27 Tuesday</p>	<p>28 Wednesday</p>	<p>29 Thursday</p>	<p>30 Friday</p>
<p>ENTREE Beef Taco (1) (Gr PK-3) Beef Tacos (2) (Gr 4-12) Peanut Butter & Jelly Sandwich Veggie Tacos WOW Butter & Jelly Sandwich (Peanut-Free)</p> <p>VEGETABLE Spicy Corn Salad</p> <p>FRUIT Blueberries-Frozen Green Grapes Peaches-Canned Pear</p>	<p>ENTREE Chicken Nuggets Roasted Red Pepper Hummus Bowl Yogurt Basket w/ Blueberry Muffin</p> <p>VEGETABLE Steamed Broccoli</p> <p>FRUIT Applesauce, Canned Cantaloupe Strawberries-Frozen Whole Peach</p>	<p>ENTREE Alfredo Pasta Chicken Alfredo Peanut Butter & Jelly Sandwich WOW Butter & Jelly Sandwich (Peanut-Free)</p> <p>VEGETABLE Italian Green Beans</p> <p>FRUIT Honeydew Pears-Canned-Diced Pineapple-Frozen Red Grapes</p>	<p>ENTREE Black Bean Burger Cheeseburger Peanut Butter & Jelly Sandwich WOW Butter & Jelly Sandwich (Peanut-Free) Yogurt Basket with Cinnamon Pita Crisps</p> <p>VEGETABLE Southwest Beans</p> <p>FRUIT Blueberries-Frozen Grapefruit Wedges Peaches-Canned Pear</p>	<p>ENTREE Broccoli & Cheese Baby Baked Potatoes Meatloaf Peanut Butter & Jelly Sandwich WOW Butter & Jelly Sandwich (Peanut-Free)</p> <p>VEGETABLE Baby Carrots Mashed Potatoes</p> <p>FRUIT Applesauce, Canned Cantaloupe Strawberries-Frozen Whole Peach</p>

This institution is an equal opportunity provider.